



Kids On Ice[®] PLUS

Fort Dupont Freedom Synchro 2018-19

Synchro Open House/Skill Assessments

July 14, 2017 Attendance **REQUIRED** to be considered for team placement.

For returning & prospective synchro skaters. This session will introduce prospective members to synchronized skating & provide returning skaters the opportunity to present some of the skills that will be required for the performance/competition season. A list of skills will be distributed to help skaters prepare.

7:45am-9:00am Session A: Age 13+ or passed FS2 (if under 13)

9:00am-10:15am Session B: Age 12 & under AND passed B5

REGISTRATION DEADLINE JULY 2, 2018

Advanced Team Summer Sessions

Weekly in July & August Off Ice: 7:15pm On Ice: 8:15pm **Advanced Team ONLY**

Team placement as determined by the skills assessment session. This will be the start of the season for this team and attendance is **REQUIRED** for team participation.

These sessions will allow us to build skills, moves in the field, and choreography in preparation for the season. All skaters who desire placement on the advanced team are expected to attend. Dates TBA.

REGISTRATION DEADLINE JULY 2, 2018.

Synchro Skill Development Camp

July 23-27, 2018 8:30am-5:00pm

Attendance highly encouraged

This camp will allow us to work on skill development, begin building teams, and introduce program choreography. Skaters who desire team placement, especially those new to synchro, are highly encouraged to attend this camp.

REGISTRATION DEADLINE JULY 2, 2018.

Synchro Performance/Competition Season

September 8, 2017 - March 10, 2019 Practice begins each Saturday @ 8:30am unless team needs require otherwise.

Skaters will be expected to be present at ALL practices. We understand special occasions & illnesses occur; therefore, skaters will be allowed 1 absence in the Fall (Sept-Dec) and 1 absence in the Winter (Dec-Mar). Please see full attendance policy for details. **Advanced team may field swing skaters who will split performance requirements based on attendance and other factors. More info available at season start.**

FOR SKATERS:

On- and off-ice practices on Saturday mornings along with the following performances and events:

Levels 1 and 2:

- Holiday Show (@ FDIA, Dec 15, 2018)
- PWIC or FDIA Open House (Date TBD, usually MLK Weekend)
- Reflections Synchronized Skating Invitational (@ Hershey, PA, usually Presidents' Day weekend)
- Diversity Classic (@ FDIA, March 10, 2019)

Advanced:

- South Atlantic Synchronized Skating Competition (@ Richmond, VA, December—tentative)
- Holiday Show (@ FDIA, Dec 15, 2018)
- PWIC or FDIA Open House (Date TBD, usually MLK Weekend)
- Reflections Synchronized Skating Invitational (@ Hershey, PA, usually Presidents' Day weekend)
- Diversity Classic (@ FDIA, March 10, 2019)

FOR PARENTS:

Mandatory Parent Meetings following practice on

- September 8th
- December 9th
- January (date TBD)

Important program information will be communicated about team progress, performance opportunities, fundraising, etc.



Intro to Synchro Special!

\$175 for Open House & Skill Development Camp

This option is only for first-time synchro skaters who have passed Basic 5 through Pre-Free Skate and are age 8-11. Additional \$200 due after team placement.

REGISTRATION DEADLINE JULY 2, 2018

Season Fee: \$375.00*

Includes:

- Open House/Skill Assessments
- Summer Weeknight Sessions (Advanced Team only)
- Skill Development Camp
- Performance/Competition Season



Minimum \$50 due on or before July 2, 2018.

Balance due on or before September 8, 2018.

Dupont Dollars accepted!

A limited number of need-based scholarships are available. Please complete Scholarship Application.