



# Fort Dupont Ice Arena



## Rink Roundup

April 2018  
Special Edition

### Why I Love Ice Skating

Kids On Ice® students enrolled in our Dupont Dollars rewards program recently competed in a "Why I Love Skating" contest where students were tasked with drawing and writing about what they love about the ice.

Artwork by Sofie Goerlitz  
Full Story Inside

## Oh, The Places You'll Go

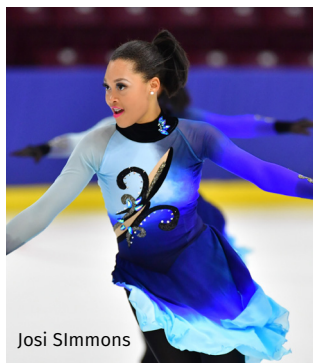
**Once Kids On Ice®, always Kids On Ice®.** Our Kids On Ice® (KOI) alumni hold a special place in our heart and as they continue to skate, we'll be right there to support them. Exciting accomplishments from two of our alumni who competed **nationally** and **internationally**:

**Henry Middlebrook** is a KOI® alum and coach now here at Fort Dupont Ice Arena. He has **both hockey and speedskating** experience. Henry recently competed in the 2018 US Short Track Speedskating National Championship where he **placed 4th!** He also helped lead Gonzaga High School hockey team to victory in the **2018 MAPHL Championships** as captain. Great work Henry!

**Josi Simmons** is also a KOI® alum who is now a member of **Team Canada**. She competed with her team in Croatia at the Jr. World Championships for synchronized skating where they **placed eighth!** Great job Josi!



Henry Middlebrook



Josi Simmons

## Hold On, Be Right Back

Every year our rink closes from March until June but do you know why? As an older facility, it's important we take up the ice to maintain the integrity of the cement below it. We also spend time giving the building a lot of much needed love and care by repairing equipment, painting and more!

Share with us how you're getting ice time in over break using the **hashtag below!**



Deloitte Impact Day 2017

**#FDIAonbreak**

Let's be social! Find us on social media



Fdia\_kidsonice



Kidsonice



Friends of Fort Dupont Ice Arena

## Our Friends From Israel

We welcomed skaters from our sister rink in **Metula, Israel** as a part of our Israel Hockey Exchange program. For many, this was their **first time in the nation's capital**. Their itinerary was packed with a lot of skating and hockey games against local teams including our home teams the **Fort Dupont Canons, Georgetown Titans and Northern Virginia Ice Dogs**. Visiting Washington, DC wouldn't be complete without a tour of the Smithsonian museums and a visit to the U.S. Capitol. Our Israeli friends also had a chance to visit **both the Canadian and Israel Embassies**. We truly enjoyed their company and can't wait to see them again in Israel.



Canada-Israel Hockey School 2018 @ FDIA



Canada-Israel Hockey School 2018 @ U.S. Capitol



CIHS 2018 @ Canadian Embassy



12 Hour Hockey Game 2018

## Hockey, All Night Long

Fort Dupont Ice Arena kicked off yet another Marathon Hockey game this season, welcoming hockey players from **all over the DC Metropolitan Area**. Players created their own fundraising pages, so friends, family and co-workers could donate, raising money for **Kids On Ice programming**. Our top four fundraisers, **Rob Brunton, Molly Turco, Neal Simonsen and Iman Kennerly**, took home prizes including an autographed jersey from **Nicklas Backstrom** and Washington Capitals Club Level game tickets. Collectively, teams raised **over \$11,000** for Kids On Ice® and our efforts in offering increased opportunity, education, and inspiration to thousands of children who learn life's lessons both on and off the ice here at our rink. Mark your calendar for next year!



12 Hour Hockey Game 2017



12 Hour Hockey Game 2018

## Welcome Back Maame!

During the Olympics, we hosted a watch party for Maame as she competed in the 500m and 1500m. What a great time we had! **DC Departments of Parks and Recreation**, one of our many partners, joined in on the fun that night. Shortly after her return to the US, Maame competed in the **World Junior Short Track Championships** where she took **gold!**

Maame along with US Speedskating made Fort Dupont Ice Arena one of their stops along their 2018 Tour of Olympians. It was great to have you home Maame!



US Olympian Maame Biney



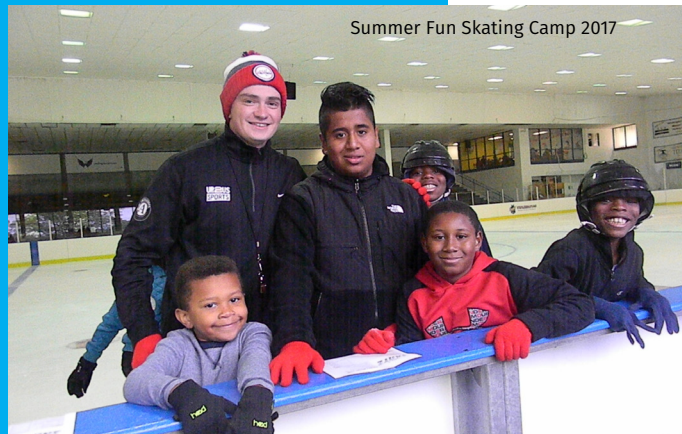
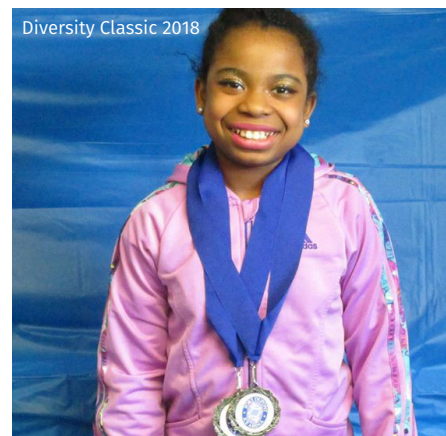
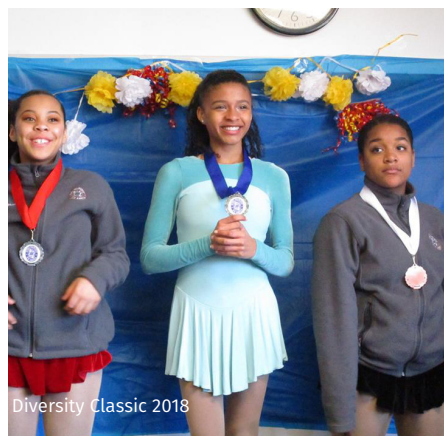
US Olympian Maame Biney

## Join Us For Summer Camp

FDIA is excited to offer **four different summer camp** opportunities this year. This year's camps include Figure Skating Camp, Speedskating Camp, Summer Fun Skating Camp and Synchronized Skating Camp. All camps are open to boys and girls entering grades 2-8. Some skill restrictions apply to Figure, Speed and Synchro camp. Scholarships are available. For more information and registration forms visit our website [www.fdia.org/camps](http://www.fdia.org/camps)

## Going For The Gold

FDIA marks the end of our season with our **Diversity Classic** competition. It's a great time for skaters to show off all the skills they've learned over the season for friends and family and have fun. This year's competition welcomed **nearly 100 skaters** with competing skaters traveling from as far as Hagerstown. Skaters competed in skills, compulsory, program, interpretive and speedskating events. Thank you to all the coaches and volunteers for all your help. Skaters, we are so proud of you and can't wait for next year's competition!



## Passport to Lithuania

Our Executive Director, **Ty Newberry** is headed to Lithuania! He's been asked to join the coaching staff for the Lithuanian men's national team who play in Group B Division I. Former NHLers **Dainius Zubrus** and **Darius Kasparaitis** will be coming back to play for their home country as the **World Championships** will be held in Kaunas, Lithuania.

This isn't Ty's first time traveling to Lithuania. In 2017, he traveled to the country to assist staff and team members in preparation for the World Championships where the team took home a **bronze medal**. While there, Ty will also be presenting at multiple coaching symposiums and events.

Safe travels Ty!

WHY I LOVE SKATING



Why I Love Skating

Our Kids On Ice® students enrolled in our Dupont Dollars rewards program recently competed in a “Why I Love Skating” contest where students were tasked with drawing and writing about what they love about the ice. Thank you to everyone who submitted artwork and/or poems - they were great! Winners were decided by age group based on creativity, originality and overall execution. Special shoutout to **Sofie Goerlitz** whose artwork is featured on our front page. Sofie won both best art and best poetry for her age group.

Tricks

By Sofie Goerlitz  
Age 11

Tricks

By Sofie Goerlitz  
Age 11

Swizzle, Turn, Swoosh, Glide  
I try a jump but land on my side  
Backwards, Forwards, Spin Around  
If you practice then you're bound  
To stop falling on the ground



## I Love Ice Skating

By Jaiden Harris-Thomas

Age 11

I love ice skating because I feel free,  
Free like a bird with elegant wings.  
Flying away from all of that stress,  
Without ice skating id' be a mess.

I love skating because I can express,  
Express myself like no one else.  
Without expression who would I be?  
Someone else who isn't me.

I love ice skating because you learn  
How to spin, how to jump, and even  
how to turn  
I first saw skating at the age of three  
And I knew then it was right for me.

I love ice skating because it's fun  
Skating is for everyone!

## Me Doing A Spiral

By Layla James

Age 13

### Skating

By Toby Goerlitz

Age 5

The air is cold  
I'm feeling bold.  
The ice is slick  
I do a trick.  
I like to skate  
It feels so great!



## Having Fun On Ice

By Ki'Juan Ginyard

Age 7

## Kids On Ice

# The Debut of Dupont Dollars

In just its first year Dupont Dollars, our Kids On Ice® enrichment program, held over 70 sessions. Here's a look at a few of this season's many highlights:

**Taste of Slovakia** A special presentation from FDIA family who have grown up in Slovakia. They prepared a beautiful presentation, brought some artifacts to share with the kids and some Slovakian treats.

**Did Someone Say Fire?** DC Fire & EMS visited us with their firetruck to show our students the basics of fire safety. Students had plenty of practice with a take-home activity going over their families fire escape plan.

**Let's Grow A Garden** Our skaters took home a planting kit with seeds and soil provided by DC Urban Greens. We're looking forward to see how your plants grow!

**Halloween Skate** We saw so many creative costumes this year and had fun spooky skate!

**Yoga & Ice Mindfulness Sundays series** – Yoga & Ice held its final session this month. It's been exciting to see our skaters grow as not only skaters but masters of mindfulness. Good job **Nina Harris** for attending every Yoga & Ice Sunday and thank you **Coach Margo** for hosting these awesome sessions!

**What was your favorite Dupont Dollars session? Are there any topics you'd like to see covered next season?**

**Let us know! Email [programming@fdia.org](mailto:programming@fdia.org)**



## The Board Room



Many thanks to **Board Member Lewis Douglas** for all his support over the years. While he is stepping down from his Board duties, we expect him to remain a close Friend of Fort Dupont. Best of luck Lewis!



**Our Chairman, Willem Polak** recently received a prestigious award from St.Albans School – **The Gilchrist-Hollerman Alumni Service Award**. This award is presented annually to recognize outstanding service and to honor long and lasting contributions to the St.Albans School community. Congratulations, Willem!



## Rink Roundup

### Special Olympics DC Speedskating

Congratulations to our Special Olympics DC family for another great season. Over the past 10 weeks you all have worked really hard and have the skating skills to prove it. We'd like to thank all of the Special Olympics DC team that helped facilitate the sessions and the finale – special thanks to coach Rodney Williams who guided us each step of the way. See you all next year!



Special Olympics DC Speedskating 2017



Special Olympics DC Speedskating 2017

## The Sweetest Place on Earth

Our Kids On Ice® PLUS synchronized skating teams recently traveled to **Hershey, PA** to participate in the **Reflections Synchronized Skating Invitational** held February 18-19th, 2018.

This marks the **4th year** our skaters have had the opportunity to compete and meet other skating teams.

As always, we are so proud of all our teams and their coaches for all their hard work and doing an amazing job again this year.



**Fort Dupont Freedom**  
Coach Abby  
Assistant Coach Lia  
Theme "Footloose" - **2nd Place**



**Fort Dupont Freedom Orange**  
Coach Leticia  
Assistant Coach Jordan  
Theme "Cats" - **3rd Place**



**Fort Dupont Freedom Blue**  
Coach Ciara  
Assistant Coach Tenaj  
Theme "Rain" - **3rd Place**



United Way  
of the National Capital Area

United Way NCA Designation Code  
**7193**



CFC Designation Code  
**18839**

**amazon**smile  
You shop. Amazon gives.

### Help Support Kids On Ice® With Tax-Deductible Contribution

- \$60 Sponsors one child for an 8-week Learn to Skate session
- \$240 Sponsors a school group of up to 30 children for 2 visits
- \$375 Sponsors one child for a week of summer camp
- \$1000 Covers the cost of 10 new pairs of skates
- \$ \_\_\_\_\_ Any amount you can send today helps keep our programs going!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  Yes, please add me to your mailing list!

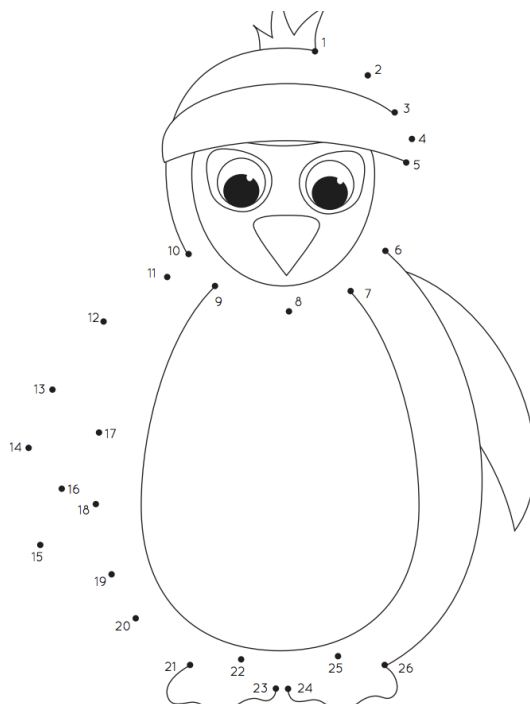
Please make checks payable to Friends of Fort Dupont Ice Arena and mail to 3779 Ely Place SE, Washington, DC 20019.

Or, make a secure donation online at [www.fdia.org](http://www.fdia.org) using VISA, MasterCard or Discover

**Fort Dupont Ice Arena**  
3779 Ely Place SE  
Washington, DC 20019  
(202)584-5007/fax(202)584-5008



## Rink**ROUNDUP**



### **Dates to Remember**

Our rink is currently closed for maintenance but our offices are open!  
Office Hours March-June : Monday - Friday, 9am - 3:30pm  
Questions/Comments? Call (202)584-5007 or Email [programming@fdia.org](mailto:programming@fdia.org)

- May 1  
Early Bird Registration Deadline for FDIA Summer Camps
- July 9-13  
Speed Skating Camp
- July 9-13  
Figure Skating Camp
- July 16-20  
Summer Fun Skating Camp
- July 23-27  
2018 Synchronized Skating Camp